

WHERE DO I FIND THE ALLERGEN INFORMATION IN ALMA

The allergen information of products sold in Alma can be found in different ways :

- 1) ON THE WEBSITE www.alma.be : IN LIST FORM

The website contains a PDF-file with an allergen list of the entire range, in which you can find which allergens are present in table form per item.

9/4/23, 2:03 PM Download Allergeenlijst pdf | Alma

DOWNLOAD ALLERGEENLIJST PDF versie 04 Sep 2023

Alma ID	Naam (EN)	Categorie	Ecospore	Dieetoptie	Barley 1g	Oats 1h	Rye 4	Wheat 1e	Peanuts 5	Eggs 3	Lupine 13	Milk 7	Mustard 10	Crustaceans 2	Celery 9	Sesame 11	Soy 6	Sulfites 12	Fish 4	Molluscs 14	Almond 8a	Hazelnut 8h	Walnut 8w	Cashew 8c	Pecan 8p	Para 8r	Pistachio 8i	Macedonia 8m
110279	Bowl caesar salad	Bowl	B	Meat	x			x	x	x		x	x	x	x													
110282	Bowl falafel	Bowl	A	Vegetarian				x	x	x		x	x	x	x													
505383	Bowl gnocchi with chicken	Bowl		Meat				x	x	x		x	x	x														
505381	Bowl ham and red cabbage	Bowl		Meat				x	x	x		x	x	x														
110277	Bowl melon and bacon	Bowl	C	Meat				x	x	x		x	x	x				x										
505382	Bowl spirelli with winter vegetables	Bowl		Vegetarian				x	x	x		x	x	x														
110319	Bowl with penne and mozzarella	Bowl	B	Vegetarian				x	x	x		x	x	x														
110748	Fresh spring bowl with cheese and ham	Bowl		Meat				x	x	x		x	x	x														
110747	Grec bowl with pasta	Bowl		Vegetarian				x	x	x		x	x	x					x									
110746	Oriental bowl with chicken	Bowl		Meat				x	x	x		x	x	x					x									
704359	Salad with chickpeas, mint and chicken strips	Bowl	B	Meat				x	x	x		x	x	x				x		x								

- 2) ON THE WEBSITE www.alma.be : AT THE OFFER

If you select the menu of an establishment on a certain date, you can click open the article and you will receive the allergen information in the form of icons.

Bowl caesar salad

€6.3

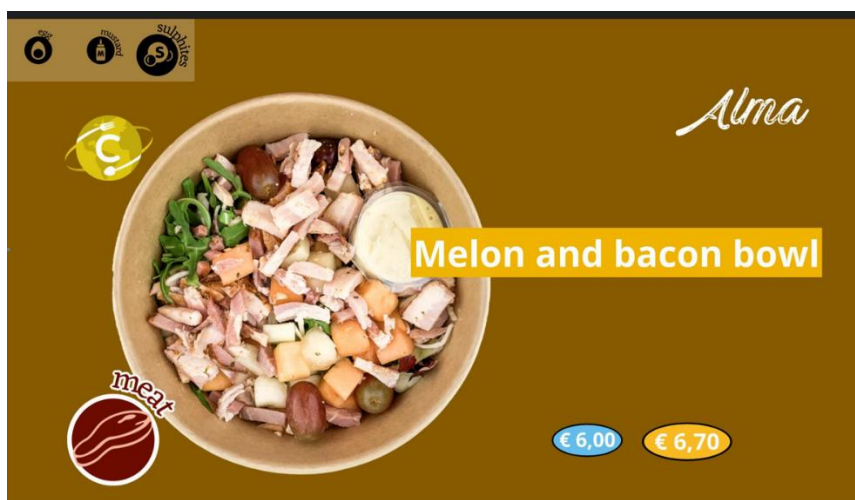
€7.05

€7.9

Allergens (Contains the following ingredients)

Barley, Eggs, Wheat, Milk, Mustard, Celery, Fish

3) ON THE SCREENS : at the pictures, top left under the form of icons



4) On the price tags, bottom right, under the form of a letter and number code.

Below is the table with the numbers and the corresponding allergen. The numbering is similar to the commonly used numbering of the 14 allergens. The letter addition is a further specification within the group, for the groups 'gluten-containing cereals' and 'nuts'

Code	Allergen
1g	Barley (gluten-containing grain)
1h	Oats (gluten-containing grain)
1r	Rye (gluten-containing grain)
1t	Wheat (gluten-containing grain)
2	Crustaceans
3	Eggs
4	Fish
5	Peanuts (groundnuts)
6	Soy
7	Milk and dairy products
8a	Almonds (nuts)
8h	Hazelnuts (nuts)
8w	Walnuts (nuts)
8c	Cashewnuts (nuts)
8p	Pecans (nuts)
8r	Brazil nuts (nuts)
8i	Pistachio nuts (nuts)
8m	Macadamia nuts (nuts)
9	Celery
10	Mustard
11	Sesam seed
12	Sulphites
13	Lupine
14	Molluscs

For example : on the above price tag, the code is "1r, 1t, 3, 7, 10, 11."

This dish contains the allergens rye, wheat, eggs, milk, mustard and sesame seeds



This table is hung near the counters so that the info on the price tag can be interpreted.